

Queens Chapter

"Comprehensive Behavioral Intervention for Tics"

PRESENTER: Sabine Wilhelm, PhD.

DATE: Sunday, May 17, 2015

TIME: 9:30-12:30

9:00-9:30 Registration

9:30-10:30 Introduction to TS, and behavioral model

10:30-11:30 Description of treatment, supporting research and evidence, CBIT protocol

11:30-12:30 Review core skills of HRT and function based treatment

1:00 Chapter Elections

1:30 Chapter board meeting for interested Queens's members

LOCATION York College-Room 3B04

9420 Guy R Brewer Blvd. Jamaica, NY 11451

CBIT is a new evidence-based behavioral approach for managing Tourette Syndrome. Its procedures combine the elements of habit reversal training, psychoeducation and function-based behavioral interventions. Participants will receive authoritative information on Tourette Syndrome and common co-occurring conditions, the impact of environmental events on tics, and the research data supporting the CBIT treatment intervention. A detailed description and examples of the behavioral treatment protocol used in CBIT will be presented and a free copy of the newly published CBIT treatment manual and educational DVDs distributed.

Presenter : Sabine Wilhelm, PhD is Professor at Harvard Medical School in the Dept. of Psychiatry, Director of the OCD and Related Disorders Program and Director of the Cognitive-Behavior Therapy Program at Massachusetts General Hospital. She is an internationally known researcher in the areas of Obsessive-Compulsive Disorder (OCD), Body Dysmorphic Disorder (BDD), and Tic Disorders. She is also one of the original developers of the CBIT method and is a member of the TSA Behavioral Science Consortium.

As a result of attending this course:

1. Participants will be able to demonstrate knowledge of Tourette Syndrome and list 2-3 common co-occurring disorders.
2. Participants will be able to recognize and discuss the impact of environmental events on tics.
3. Participants will be able to illustrate knowledge of research data by explaining recent research data supporting the CBIT treatment intervention model.
4. Participants will be able to provide two detailed descriptions and examples of the behavioral treatment protocol used in CBIT.